

# HOLY SPIRIT ORTHODOX CHURCH

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Archpriest Samuel Kedala, Rector • (973) 271-0524  
 Archpriest Joseph Chupeck, Retired, Attached  
 Senior Warden, Timothy Kachur • (973) 875-4379  
 Choir Director • Joanne Patrick • (973) 579-6455

March  
2011

SUNDAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>If in all your activity you cleave inseparably to the mother of blessings, prayer, then prayer itself will not rest until it has shown you the bridal chamber and has led you within, filling you with ineffable glory and joy. By removing every impediment, prayer smooths the path of virtue and renders it easy for those who pursue it.</p> <p><i>Theoliptos, Metropolitan of Philadelphia, Philokalia, Vol. 4</i></p>		<p>1 Meat Fast</p> <p>you may partake of fish, wine, oil and dairy products <b>this week NO meat</b></p>	<p>2 Meat Fast</p>	<p>3 Meat Fast</p>	<p>4 Meat Fast</p>	<p>5 Meat Fast</p> <p><b>5 PM-Vespers</b> Private Lenten Confessions</p>
<p>6 wine &amp; oil permitted today CHEESEFARE SUNDAY FORGIVENESS SUNDAY Church School-9:15 AM Hours 9:35AM Divine Liturgy 10 AM Fellowship-Refreshments Forgiveness Vespers PRE-LENTE (BLINI) LUNCHEON</p>	<p>7 <b>Great Fast Begins</b> (abstention from meat, fish, wine, oil and dairy products until Pascha) <b>Great Canon of St. Andrew</b> 7 PM (Confessions) Mini Choir Rehearsal</p>	<p>8 FAST DAY</p> <p><b>Great Canon of St. Andrew</b> 7 PM (Confessions)</p>	<p>9 FAST DAY</p> <p>(Confessions 6 PM) <b>Liturgy of the Holy Presanctified Gifts</b> 7 PM</p>	<p>10 FAST DAY</p> <p><b>Great Canon of St. Andrew</b> 7 PM (Confessions)</p>	<p>11 FAST DAY</p> <p>(Confessions 6 PM) <b>Liturgy of the Holy Presanctified Gifts</b> 7 PM</p>	<p>12 wine &amp; oil permitted today St. Theodore Saturday</p> <p><b>5 PM Vespers</b> Private Lenten Confessions</p>
<p>13 wine &amp; oil permitted today Sunday of Orthodoxy Church School-9:15 AM Hours 9:35AM Divine Liturgy 10 AM Fellowship-Refreshments Sunday of Orthodoxy Vespers 4 PM Holy Spirit - Wantage</p>	<p>14 FAST DAY</p> <p>Parish Council Meeting 7:30 PM</p>	<p>15 FAST DAY</p>	<p>16 FAST DAY</p> <p>Combined Liturgy of the Holy Presanctified Gifts St. Dumitru Monastery Middletown, NY 3 Hierarchs Clergy Association 7 PM followed by Lenten Repast</p>	<p>17 FAST DAY</p>	<p>18 FAST DAY</p> <p>(Confessions 6 PM) <b>Liturgy of the Holy Presanctified Gifts</b> 7 PM <b>Our Church</b></p>	<p>19 wine &amp; oil permitted today</p> <p><b>Memorial Saturday</b> <b>8:35 am Hours</b> <b>9 AM Divine Liturgy</b> <b>5 PM Vespers</b> Private Lenten Confessions</p>
<p>20 wine &amp; oil permitted today St. Gregory Palamas Church School-9:15 AM Hours 9:35AM Divine Liturgy 10 AM Fellowship-Refreshments Deanery Vespers 4PM Ss Peter &amp; Paul Church South River, NJ</p>	<p>21 FAST DAY</p> <p><b>7:15 pm Choir Rehearsal</b></p>	<p>22 FAST DAY</p>	<p>23 FAST DAY</p> <p>Combined Liturgy of the Holy Presanctified Gifts St. Constantine &amp; Helen West Nyack, NY 3 Hierarchs Clergy Association 7 PM followed by Lenten Repast</p>	<p>24 FAST DAY</p> <p><b>Forefeast Annunciation Of The Holy Theotokos</b></p> <p><b>7 PM Vespers of Annunciation</b></p>	<p>25 Fish, wine &amp; oil permitted today <b>9:00am Vesperal Divine Liturgy</b> wine &amp; oil permitted today Annunciation Of The Holy Theotokos <b>Our Church</b></p>	<p>26 wine &amp; oil permitted today</p> <p><b>5 PM Vespers</b> Private Lenten Confessions</p>
<p>27 wine &amp; oil permitted today Sunday of Cross Church School-9:15 AM Hours 9:35AM Divine Liturgy 10 AM Fellowship-Refreshments Deanery Vespers 4 PM Holy Cross Church Medford, NJ</p>	<p>28 FAST DAY</p> <p><b>7:15 pm Choir Rehearsal</b></p>	<p>29 FAST DAY</p>	<p>30 FAST DAY</p> <p>Combined Liturgy of the Holy Presanctified Gifts Holy Cross GO Church- Middletown, NY 3 Hierarchs Clergy Association 7 PM followed by Lenten Repast</p>	<p>31 wine &amp; oil permitted today</p> <p><b>Repose of St. Innocent</b></p>	<p>1 APRIL FAST DAY NJ Deanery Youth Retreat Wayne, NJ (Confessions 6 PM) <b>Liturgy of the Holy Presanctified Gifts</b> 7 PM <b>Our Church</b></p>	<p>2 APRIL wine &amp; oil permitted today NJ Deanery Youth Retreat Wayne, NJ <b>Memorial Saturday</b> <b>8:35 am Hours</b> <b>9 AM Divine Liturgy</b> <b>5 PM Vespers</b> Private Lenten Confessions</p>

Shaded areas on calendar denote fasting periods